

# The role of birth cohort on liver cirrhosis mortality in 5 European countries (1950-2011)





#### Sergi Trias-Llimós<sup>a</sup>, Maarten J. Bijlsma<sup>b</sup>, Fanny Janssen<sup>a, c</sup>

- <sup>a</sup> Population Research Centre (PRC), Faculty of Spatial Sciences, University of Groningen, The Netherlands
- <sup>b</sup> Unit PharmacoEpidemiology & PharmacoEconomics (PE2), Department of Pharmacy, University of Groningen, the Netherlands
- <sup>c</sup> Netherlands Interdisciplinary Demographic Institute (NIDI), The Netherlands

# Background

- Alcohol-attributable mortality is higher in European countries than elsewhere in the world because of the high prevalence of alcohol consumption.
- However, alcohol-related mortality presents differences over time and between sexes and countries (Rehm et al. 2007).
- Additionally, birth cohorts are likely to differently contribute and explain alcohol-related mortality trends by sexes and countries (Corrao et al. 1997). Therefore, investigating the role of birth cohort would provide valuable input for alcohol preventive policies.

# Objective

To examine the contribution of the cohort dimension on alcoholattributable mortality trends by simultaneously assessing the effects of age, period and birth cohort on liver cirrhosis mortality since 1950 in different European countries.

### Data and methods

- Liver cirrhosis mortality data, 1950-2011 (WHO Mortality database).
- Age-specific population and mortality data (HMD).
- Analyzed countries: Hungary, Spain, Finland, Austria and the UK
- Descriptive analysis: Age-standardized liver cirrhosis mortality rates.
- Age-Period-Cohort (APC) modelling: Clayton and Schifflers approach (1987). Four models: Age, Age-Drift\*, Age-Period, Age-Period-Cohort (APC).
  - Poisson regression models, with the natural logarithm of population at risk as the offset term.
  - Formulation of the APC model:

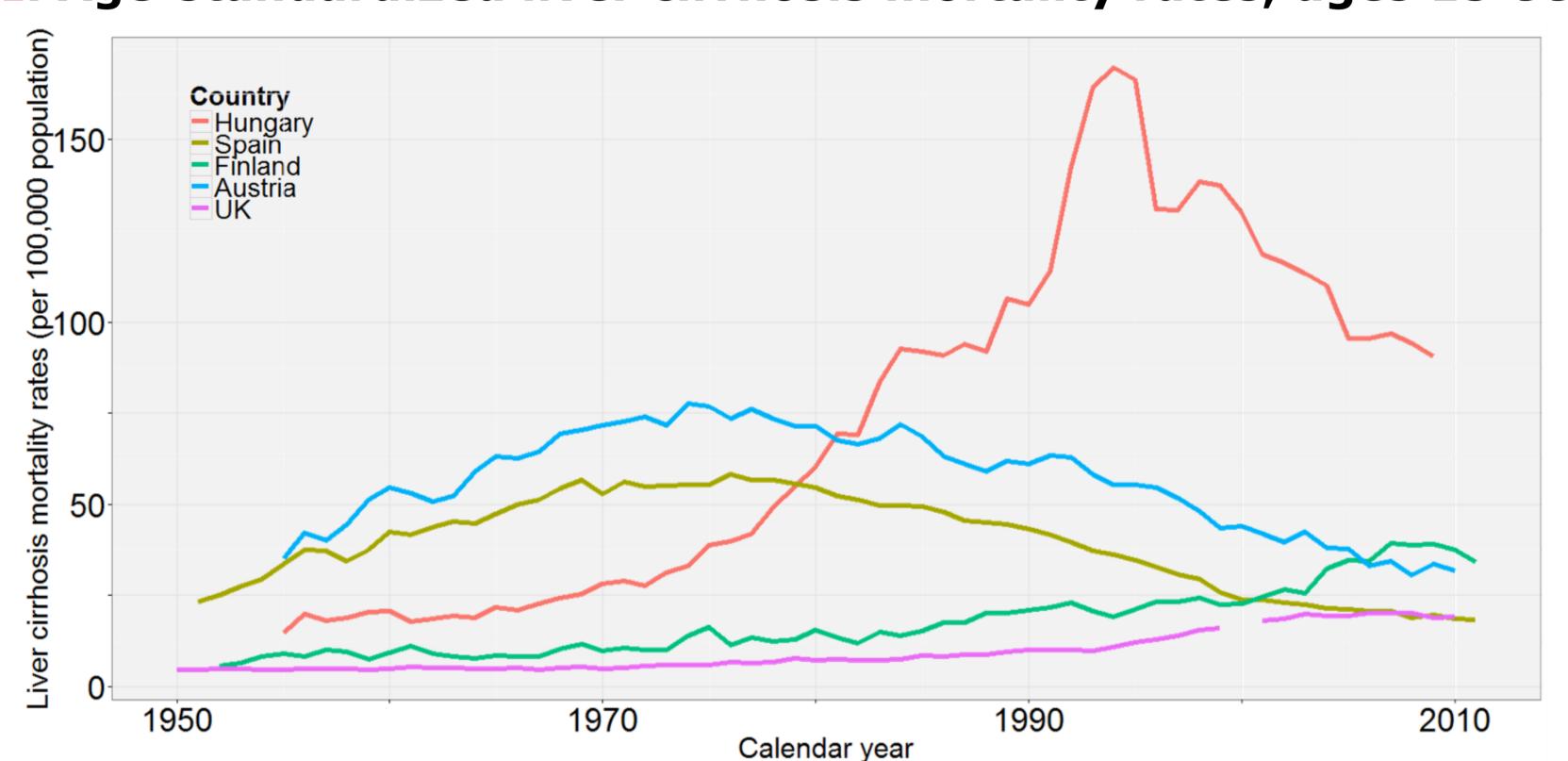
$$\ln[\lambda_{ap}] = \mu + \alpha_a + \beta_p + \gamma_c$$

Where  $\lambda$  is the liver cirrhosis mortality rate.  $\mu$  is the intercept and a,  $\beta$  and  $\gamma$ represent the age, period and birth cohort effects.

\* Drift represents the linear change in the natural log of liver cirrhosis mortality that is shared between period and birth cohort.

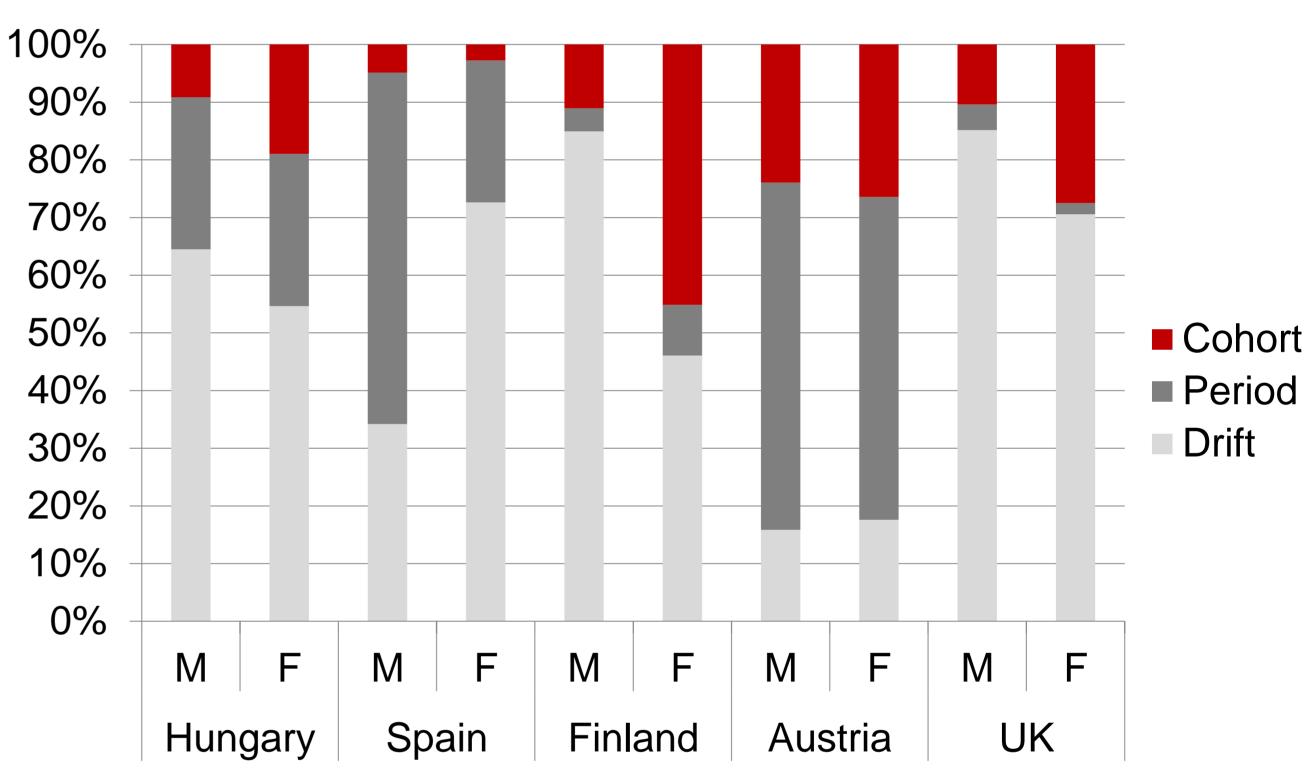
### Results

### I. Age-standardized liver cirrhosis mortality rates, ages 15-99



- Remarkable differences in levels and trends in liver cirrhosis mortality between countries exist, Hungary an outlier.
- Women's liver cirrhosis mortality levels are less than half as compared to men, but patterns and trends are similar.

### II. Contribution to the deviance reduction

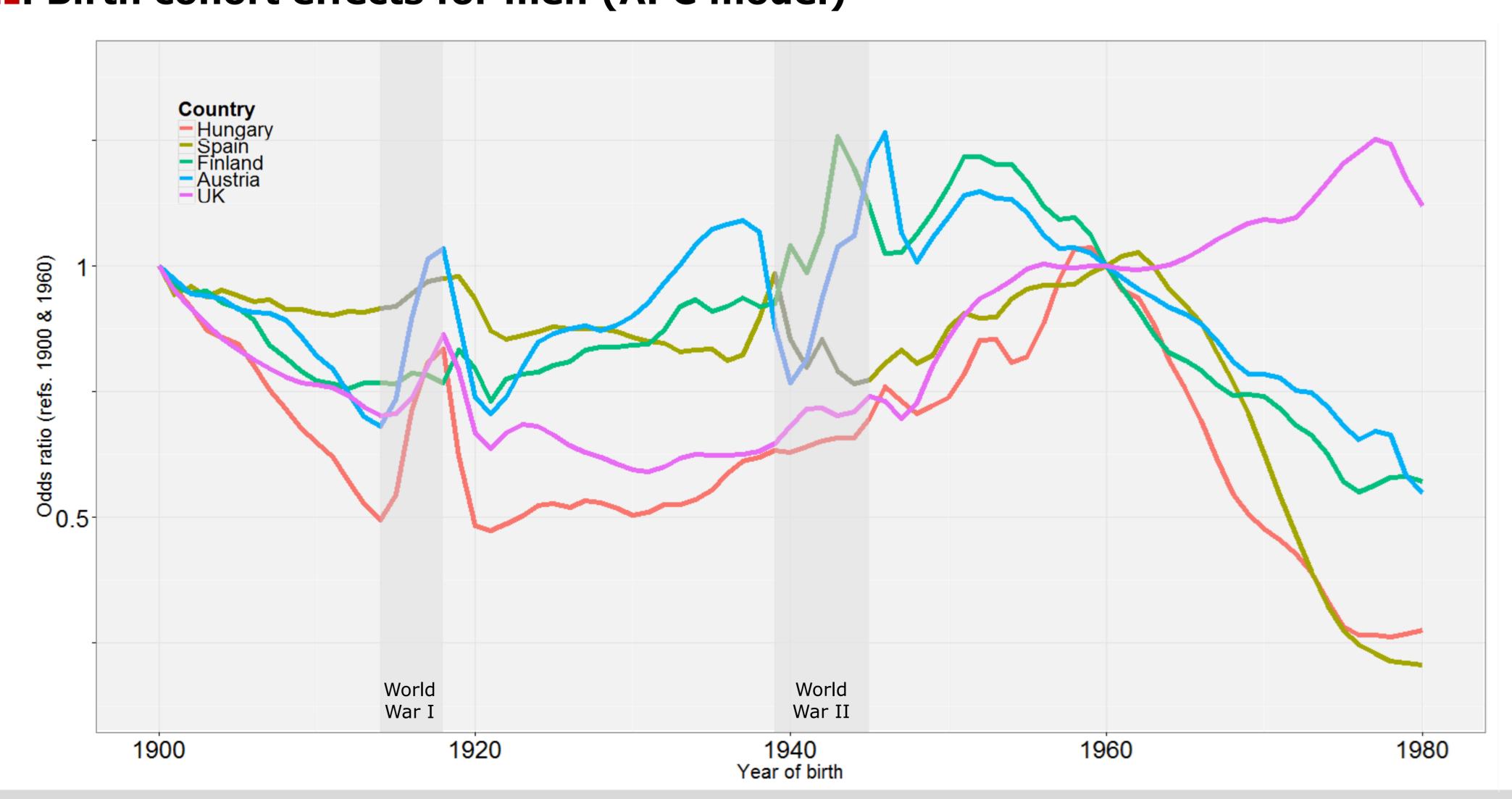


- Birth cohort statistically significantly contributes to liver cirrhosis mortality.
- In Finland and UK the contribution of birth cohort to the model fit is even larger than the contribution of period.
- The contribution of birth cohort is larger for women.

### **III.** Birth cohort effects for men (APC model)

- Birth cohorts born in the 1950-60s have the highest risk of liver cirrhosis mortality, except for the UK.
- In general, the non-linear birth cohorts effects tended to decline from 1900 to 1920, increase until 1960 and decline again thereafter.
- However, country differences exist i.e. stagnation or moderate decline until the 1940s in Spain.
- Exceptional peaks may be explained by WWI (1914-18), the Spanish Flu (1918-19) and WWII (1939-45).

cohort effects showed similar patterns and trends for women and men



# Conclusions

- The substantial effect of birth cohort on liver cirrhosis mortality differs by sex and across countries, although cohort patterns are remarkably similar.
- Cohorts born in the 1950-60s were at higher risk of liver cirrhosis mortality.

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Rehm, J., Sulkowska, U., Mańczuk, M., Boffetta, P., Powles, J., Popova, S., & Zatoński, W. (2007). Alcohol accounts for a high proportion of premature mortality in central and eastern Europe. International journal of epidemiology, 36(2), 458-467.